

# **MEBSILE**

7177-188 (944)

## **PHONE**

High Altifude Fitness 880 Northwood Blvd Incline Village, Nevada

#### **ADDRESS**

From Hwy 28 toward Mt. Rose Hwy, turn right onto Village, Left onto Northwood Blvd. We are located on the right hand side.

From Hwy 28 driving away from Mt. Rose Hwy, turn left onto Northwood Blvd. We are located just up the street on the left hand side before you reach Village.

# DIRECTIONS TO HIGH ALTITUDE FITNESS

# JOIN US FOR A ROCK CLIMBING BIRTHDAY BASH!

YOU'RE INVITED

Неу,		!
	( your friend's name )	
You're invi	ted to	
	( your name	)

indoor rock climbing birthday party at High Altitude Fitness!

Date --Time --Parent's Name --Parent's Phone ---

### **ATTENTION PARENTS**

Please open this card and complete the form on the back. For participants under the age of 18, this release form MUST be completed and signed by a parent or court appointed legal guardian prior to the start of any birthday bash. Questions and concerns? Call us at (775) 831-4212.

### **WELCOME TO HIGH ALTITUDE!**

High Altitude Fitness boast the largest climbing gym in the Tahoe region and is geared up and ready to provide your kids with the best in instruction and care. HAF provides all climbing gear and instructors for the group. Regardless of any prior experience, your children are sure to have an amazing time reaching new heights!

### WHAT TO WEAR AND BRING?

Please have your child dress in comfortable clothing that will not restrict movement. Athletic attire is most appropriate and will provide your child with the best and most comfortable experience on the wall. Please no dresses or skirts that will obstruct the proper fitting of your child's harness. Clean, closed toed tennis shoes are acceptable forms of footwear, although we do have small sizes available in climbing shoes which are included for parties. Please also bring a water bottle with your child's name clearly marked.